



MARCH 2014



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3	4 La Leche League 10 am – 12 pm, call Megan for info: 301-665-9226 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	5	6 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	7	8
9	10	11 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	12	13 10am Breastfeeding Support Group	14	15
16	17	18 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am La Leche League Meeting Washington Co.Health Dept. WIC Office/6:30 PM-8:30 PM Contact: Megan for more information@301-665-9226	19	20 10am Breastfeeding Support Group 3pm Spanish Prenatal Breastfeeding Class	21	22
23	24	25 Myth Busters/Getting to the truth about the benefits of breastfeeding 11:00 am	26	27 10am Breastfeeding Support Group	28	29
30	31		(Washington County) To Contact a Breastfeeding Counselor near you: Breastfeeding Support Line: (240) 313-3311 Mailbox 2: Crescent Trumpower, BF Peer Counselor Urgent BF concerns: (240) 313-3335		Services: ☎ Peer Counseling ☎ Weekly BF classes 1-on-1 instruction on “Getting Started” with BF (positioning, latch, sleepy baby, growth spurts, etc)	



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